

Seriously?

Did you know **HEPATITIS A** liver infections are on the rise in North Carolina? If you are experiencing homelessness, use drugs or are a man who has sex with men, you are most at risk.



Protect yourself.
Protect others.
Get vaccinated.

Seriously.

Hepatitis A is spread when small, undetectable amounts of feces (poop) get into your mouth. You can get hepatitis A:

- By swallowing food or drink contaminated with the virus.
- Through oral or anal sex.
- By touching surfaces or objects contaminated with the virus, then putting your hands in your mouth.

Hepatitis A can also be spread by sharing drug injection equipment.

Ask your doctor or local health department about the hepatitis A vaccine.

