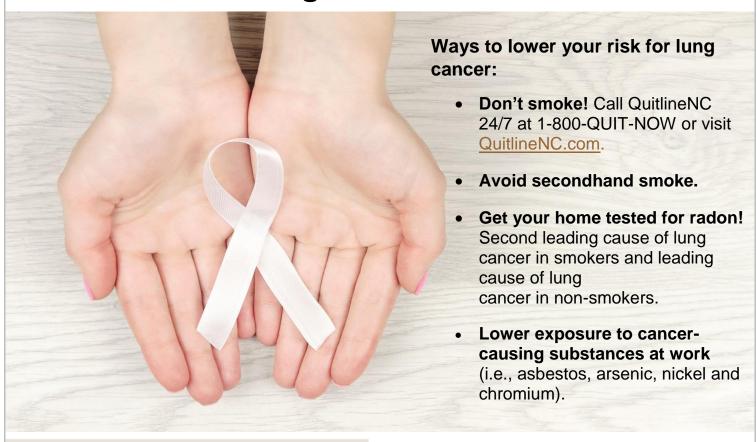
November is Lung Cancer Awareness Month



Who Should Be Screened for Lung Cancer?

The U.S. Preventive Services Task Force recommends yearly lung cancer screening with low-dose computed tomography (LDCT) for people who:

- Have a history of heavy smoking, and
- Smoke now or have quit within the past 15 years, and
- Are between 55 and 80 years old.

Talk with your doctor about screening risks and benefits.

Heavy smoking means a smoking history of 30 pack years or more. A pack year is smoking an average of one pack of cigarettes per day for one year. For example, a person could have a 30 pack-year history by smoking one pack a day for 30 years or two packs a day for 15 years.







Links to Online Resources

- About Lung Cancer Fact Sheet
- American Cancer Society Great American Smokeout (November 15th)
- American Lung Association Lung Cancer
- CDC Lung Cancer
- CDC 30 Tobacco Free Days Facebook event for military service members, veterans and their loved ones
- George Washington School of Medicine and Health Science 2018 Prostate Social Media Tool Kit
- George Washington Lung Cancer Awareness Month
- <u>Lung Cancer Initiative of North Carolina Lung</u>
 Cancer Awareness Month
- National Cancer Institute Lung Cancer
- We Are Smokefree Posters Available online or contact Doranna Anderson for printed copies.

For more information contact: Doranna Anderson, Comprehensive Cancer Program Consultant

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